

Diabetes

**Would you know
the symptoms?**

The facts

Over 1.4 million people in the UK and rising. Estimated 1 million more undiagnosed.

Worldwide figures over 200 million!

Diabetes can be treated.

That is the good news.

Diabetes is easy to test for – even better news!

The bad news is that if you don't know you have got it – it is possible to lose your sight, lose a limb, develop kidney problems or possibly even die from diabetes. In the UK, diabetes is the biggest single cause of blindness

Diabetes affects everyone, young or old, men or women.

**Don't ignore the
warning signs!**

Increased thirst

Going to the loo
all the time –
especially at night

Extreme tiredness

Genital itching or
regular episodes
of thrush

Weight loss

Blurred vision

www.diabeticinfo.co.uk

The Diabetes Info website was set up in 2002 offering FREE comprehensive and plain speaking advice